

Damas Island outside of Manuel Antonio PUNTARENAS PROVINCE, Quepos Costa Rica

Phone: 5019-5889

Mangrove Boat & Kayak ToursIn the mangrove everything flows harmoniously. The most extraordinary biodiversity of plants & wildlife live here in the Damas Island. William, owner of Aventuras Tropicales has grown up in the canals of Damas Island. This excursion will take you through the Damas canals where there are no shortage of wildlife and amazing plant life with its unique ability to survive in salt water. This tour can be done either by boat or kayak and is fun & educational. The bonus part is that it's also a cultural immersion experience. William's family will cook you a homemade meal at his farm in Damas & tell you all about the history of the area, its wildlife and growing up here in Costa Rica. By the end of the tour you'll feel like part of the family Like fishing? Try Mangrove Fishing!Get even more immersed in the mangroves. Experience the peace & tranquility of the mangroves while fishing for snook, jacks & snapper. The mangroves are thriving with wildlife such as monkeys, birds, crabs, sloths & almost anything else that you could imagine lives in this estuary. This gives you the chance to see the biodiversity of this ecosystem. Afterwards, you will get to see a bit of the culture when you share a typical Costa Rican meal at the family farm at Aventuras Tropicales. Mountain Bike page 1 / 2

TourFor those looking for something different, Aventuras Tropicales has bicycle tours. Growing up in Damas & Quepos he knows the all the hidden trails where you can enjoy a scenic morning ride from the community of Damas and through the palm plantations. Here you will learn about the palm plantation & how palm oil is processed. You will also learn about how the farmer lives as you pass through the farm community of San Antonio de Damas. You will then stop for a beautiful & refreshing Pirris river swim, taking time to enjoy the scenery & play in the water. At the end of the tour enjoy a homemade Costa Rican lunch at William's family finca near the mangroves. This is a great tour for those interested in the rural & cultural aspects of Costa Rican farms and palm plantations- For more info please call!

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