

# Efrain's Nature Tours | Manuel Antonio

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PUNTARENAS PROVINCE, Quepos 60601  
Costa Rica

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Passionate Tours Guides who grew up in the National Park before it was declared a National Park 3rd generation certified guides Efrain lived the 1st 11 years in the National Park Find out incredible insider stories

### MANUEL ANTONIO NATIONAL PARK TOUR

Efrain is a very a passionate certified naturalist guide who grew up in the park during his first eleven years of his life. His father (Efraín Vargas Berrocal) was one of the park's first rangers of the National Park. Efraín's Grandfather (Isaías Fallas Zuñiga) was one of the national park field's owners. Efrain's grandfather continued living, volunteering and working as park ranger. He was one of the 1st certified naturalist guide of Manuel Antonio & Quepos area He retired as park ranger in 1999. Today, Efraín is following his family's legacy & has created a passionate & professional team of Naturalist Guides who will show & teach you all about biodiversity & hidden secrets of the national park as an insider based on passed down family knowledge. You'll also have a chance to take wonderful pictures like you've never have done before. Even with your phone you'll be able to get up close photos using his professional grade telescope.

### JUNGLE NIGHT TOUR

The Night Walk Tour is an activity designed for all those people who are night creature lovers and for those who will love to explore the darkness of one tropical jungle in Costa Rica.

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Feeling welcomed by some mammals that lurk between the undergrowth & the foliage of the trees in the middle of our mysterious & surprising nature reserve in Manuel Antonio will make you feel one of the most exciting experiences. RAINMAKER TOUR This tour begins with a river walk along the Rio Seco's edge. Hand rails & easy to follow footpaths along with observation platforms allow you to observe waterfalls & capture, with photographs, the rich biodiversity this unique site has to offer. Rainmaker is home to Morpho butterflies, varieties of birds, the colorful poison dart frog & thousands of unique plant species. Depending on the time of year, visitors are also afforded sightings of incredible reptiles & other animals that make their way down to the water. At the end of the walk a pristine waterfall pool will beckon you to enjoy a refreshing dip. Continuing up the trails, visitors will come to the Canopy Bridge system. This system consists of suspension bridges giving you a bird's eye view of the rainforest

Video Link 1: <https://www.facebook.com/efrainnaturetours/videos/pcb.283236232162437/283235805495813/?type=3&theater>  
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