

Extreme M&R Adventure Company



Del parqueo del Hotel Plinio, 75 metros Noreste
PUNTARENAS PROVINCE, Quepos 60601
Costa Rica

Phone: 2777- 4700

THE ADVENTURE COMPANY

Since 2015 Extreme M & R is a Costa Rican company specialized in adventure tourism. Created by people from Quepos working together with a team and the objective of innovating and personalizing the activities to create the best adventure experience for each and everyone who explore the area with us. From Manuel Antonio we invite people from Costa Rica and around the world to live an unforgettable expedition as a friend and discover the mountains and rivers of the Central Pacific with professionals. All our team is well trained for each of the extreme adventures we offer during the two seasons of the year and their climatic transitions. We operate under the International Security Protocols, permits, certifications and risk policies for the activities. OUR MISSION Offer the best adventure experience in the area for lovers of the extreme. Inviting each customer to live as a friend the expeditions with us in harmony with the nature of the area.

VALUES

Prudence. Effort. Respect. Integrity. Solidarity.

Video Link 1: <https://www.youtube.com/watch?v=lmkTIsukDiY>

Video Link 3: https://www.youtube.com/watch?v=jrXiC3a_27Y&list=PLkdTz4htzTsZB

mfrRZaRYNYjMc61U1lbX

BOOK NOW: <https://askzipy.com/booking/vendor/extreme-mr-adventures/>

TripAdvisor: [https://www.tripadvisor.com/Attraction_Review-g309274-d10297253-Re](https://www.tripadvisor.com/Attraction_Review-g309274-d10297253-Reviews-Extreme_M_R-Manuel_Antonio_Province_of_Puntarenas.html)

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